

CORNFEST *bigstonelake.com* Saturday, August 17, 2019

5-K Run, 10-K Run & 1 Mile Walk/Run

Big Stone National Wildlife Refuge

Auto - Tour Route

Ortonville, Minn.

Sponsored by: Big Stone Therapies, Ortonville Area Health Services, & Pro Image Partners

-DIVISIONS-

Guys and Gals:

(14 & Under) (15-19) (20-29)
(30-39) (40-49) (50-59)
(60 & over)

-AWARDS-

Medals awarded in 5K and 10K races
for first male and female division winners.
Ribbons for places 2-5 in each age division.
Ribbons to all finishers in 1 mile walk.

SCHEDULE OF EVENTS

7:45 a.m. Registration for 5K Run, 10K Run, and 1 Mile Walk/Run (*Entrance of BSNWR*)

8:30 a.m. Start 5-K Run and 10-K Run (*Paved quiet, leisurely route along the Minnesota River*)
Start 1-Mile Walk/Run (*Entrance of BSNWR*)

10 a.m. Awards

Entry Fees: 5-K and 10-K Runs - \$17 pre-registration, \$20 after August 1
1-Mile Walk/Run - \$3 per person, \$10 per family of 4 or more (*no t-shirt*)

Check payable to:

Big Stone Lake Area Chamber of Commerce
987 US Hwy 12
Ortonville, MN 56278
320-839-3284

Return payment and registration below before August 8.

Additional registration forms can be downloaded from www.bigstonelake.com

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I hereby release Big Stone Lake Area Chamber, Cornfest Committee, other co-sponsoring agencies and individuals from responsibility for any injuries or damage I may suffer as a result of my participation in this event.

Print Name: _____ M/F _____

Signature: _____ Age Division: _____ T-shirt Size _____

Address: _____ City, State Zip: _____

Signature of Parent (if entrant is under age 18): _____

Circle the event you are participating in: 5K Run 10K Run 1 Mile Walk/Run